



JOY TREK Sunday School: 10/11/2020
At-Home Lesson: "Deborah"

Story Overview:

Deborah was the only female judge in the bible and was very wise and faithful to God. She was a strong and powerful woman who was also a prophet. She gave people messages from God and many people came to her with their problems. She would listen beneath a tree and to others and give advice. Israel was in trouble and started to turn away from God.

One day, God gave Deborah an important message – God cared very much for the Israelite people and told Deborah to go to a man named Barak. God instructed Deborah to tell Barak to take 10,000 men and go to Mount Tabor. God will help you defeat the King's army and The Israelites will be free. Barak agreed but asked Deborah for her help. He wanted her help and felt he couldn't lead without her.

Deborah knew God would be with them every step of the way. There was an awful battle! But God was with Deborah and the Israelites. God kept the promise to protect and keep them safe.

God helped them defeat the King's Army and restore peace to the land.

Scripture: Judges 4:4-5

Deborah was a prophet and a judge over Israel. She held court under Deborah's Palm between Ramah and Bethel in the hills of Ephraim. The People of Israel went to her in matters of justice.

Family Conversation:

1. What was the name of the woman Judge in our story? *Deborah*
2. Who was the general of God's army? *Barak*
3. Why did Deborah go with Barak into the battle? *He wouldn't go without her.*

Dear God,
Thank you for the story of Deborah.
Encourage us to step out and step
up for things we believe in.
Help us to be and do good in our
world. Bless our families and our
loves ones.
Thank you for loving us
We love you!
Amen